

12hr Fast acting, long lasting, cooling pain relief

# DEEP FREEZE<sup>®</sup>

Pain Relief Cold Patch 

**SCIENTIFICALLY PROVEN COOLING RELIEF.  
WORKS LIKE ICE BY COOLING THE AFFECTED OR SWOLLEN AREA.**

**Pain Relief** **Dual Action** **Cold Therapy**

The penetrating cooling action provides effective, soothing pain relief.

Cooling therapy can decrease blood flow to the affected area and may help minimise damage.

Cold Therapy is recommended by physiotherapists for sharp, shooting pain, joint, foot and muscular pain, sprains and strains and minor sports injuries. Can also be used for pain associated with arthritis and muscular back pain in pregnancy.

#### FOR BEST RESULTS:

Apply patch to affected area immediately after injury to reduce pain and inflammation. **The cooling effect of the patch will be felt quickly and can last up to 3 hours.** \*Once removed, it can continue to provide pain relief for up to 9 hours. A new patch may be applied as required. Do not use more than 4 patches one after the other on the same area. Cooling therapy should continue until pain or swelling has reduced. See a doctor if your symptoms do not improve.

#### WARNINGS

- For external use only
- Do not use on broken or irritated skin or with other skin products on the same area
- Do not use if you have an allergy to sticking plasters or menthol
- Stop using the patch straight away if you get an allergic reaction, rash, irritated skin or other unwanted effects
- Do not use on or near the eyes
- Do not use on infants or people who cannot remove the patch on their own

- Use by young children should be supervised
- If you are diabetic, have poor circulation or a skin condition, consult your doctor before use
- If pregnant always check new symptoms with your healthcare practitioner
- If your injury or pain is severe, seek medical advice before use
- The patch can be used with pain medications taken orally however, do not apply the patch on top of medication rubbed into the skin

#### INSTRUCTIONS FOR USE

- Apply only to clean, dry skin
- Open the pouch, remove one cloth patch and peel off the clear plastic film
- Apply the sticky side of the patch over the affected or swollen area
- Do not cut the patch
- Re-seal the pouch to prevent remaining patches from drying out
- Use all patches within one month of opening the pouch
- Each patch can be used only once
- Throw away the patch after use

#### STORAGE INSTRUCTIONS

- Store in a cool, dry place
- Do not freeze or refrigerate



 **Mentholatum**



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